

SuperKick Summer Sports Camp 2017

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Welcome to the SuperKick Summer Sports Camp!

We sincerely thank you for choosing our sports camp for your child this summer. Our coaches are looking forward to providing exciting and fresh camp programs and activities. It is our goal to help each camper build a knowledge, understanding and appreciation for the many different sports that are played across the globe!

Please take time to read through this handbook. There is a tremendous amount of information and all of it is important! Keep in mind that all registration and emergency contact paperwork is done online at the following link: [2017 SuperKick Summer Sports Camp Registration Link!](#) Should you have any additional questions, please contact SuperKick and your questions will be addressed as quickly as possible.

The SuperKick Sports Camp will explore many different sports. A list of these sports and the weeks in which they are held can be found on page 6 of this document. Please keep in mind that while each week has its own topic, campers will get to play many different sports and camps outside of the main topic focus for that week. There will surely be something for every camper to enjoy each week of camp!

Thank you for your time and cooperation. We are looking forward to an incredible summer filled with happy campers and exciting learning experiences!

Sincerely,

The SuperKick Sports Camp Staff

WHAT CAN YOU EXPECT?

1. Camp is held indoors and outdoors. Campers will get dirty, plan clothing appropriately.
2. Campers will have the opportunity to explore many sports and activities. Chances are they'll get hungry throughout the day so plan for enough food and snacks.
3. Campers will have the opportunity to meet new friends.
4. Whether your camper has experience in the sport topic of the week or not, they will learn something new.
5. Campers will have fun learning and playing new sports and having an activity filled summer!

CAMP RULES

At camp we also have a list of rules and guidelines that we review with your camper at the beginning of each day during "Pre-Game Chalk Talk". These rules are for everyone at camp including campers, staff, parents and volunteers. If you have questions regarding our camp rules please contact the Camp Director.

- No put-downs, no one needs them.
- Be honest with yourself and others.
- Speak for yourself, not for anyone else.
- Listen to others; they will then listen to you.
- Show respect, every person is important.
- Take responsibility for your actions, you are responsible for you.

Coach to Camper Ratios

SuperKick Summer Sports Camp intends to follow the suggested guidelines of the American Camp Association (ACA) ratios set below. When combining campers of different ages we will use the age breakdown according to ACA guidelines listed here:

6 – 8 years = 1 Counselor per 8 campers

9 – 12 years = 1 Counselor per 10 campers

Hours of Camp Operation

The SuperKick Summer Sports Camp operates Monday through Friday, from 8:30 am to 3:30 pm. Please read the following sections on *Daily Drop off and Release of Campers* procedures. Campers may be dropped off at camp up to 10 minutes prior to the start of the camp and must be picked up 10 minutes after the camp ends. There is a \$10.00 fee applied for every 15 minutes your camper remains at camp waiting to be picked up.

NOTE: Camp will not operate on Monday, May 29th (Memorial Day) & Tuesday, July 4th (4th of July)

Daily Drop Off of Campers

All campers must be signed in each day at drop-off on the designated sign in/out sheet by a parent/guardian or the authorized emergency contact listed on the camper's health forms. Campers may be dropped off at camp no earlier than **8:20am**. Parents/Guardians are encouraged to provide prior notification to SuperKick if their camper will not be attending camp. SuperKick *will not* contact parents/guardians of absentee campers.

DAILY RELEASE OF CAMPERS

The parent/guardian must personally sign their child in and out of the program each day by signing the daily attendance log available at the camp and/or drop off pick up location. Parents may designate another responsible adult to pick up or drop off campers by filling out the appropriate forms within the online registration page. Positive identification (I.E. Driver's license) must be presented before the child may be released. No child will be released to anyone without prior written authorization. Campers must be picked up no later than 10 minutes after camp is over. If you are delayed more than 10 minutes, your camper will be stationed within the SuperKick conference room under coach supervision. There will be an additional charge of \$10 for every 15 minutes the camper remains on site. The additional charge is due within 24 hours of fee notification. If you have an emergency, please contact SuperKick as soon as possible. SuperKick will be able to notify camp staff and will assist in decision making as needed. SuperKick and camp director information can be found on page (blank).

Weekly Camp Topics & Dates

<u>Week #</u>	<u>Topic</u>	<u>Dates</u>	<u>Sport Examples</u>
Week 1	Soccer/Handball	5/30 to 6/2	*No camp Memorial Day
Week 2	Flag football/Volleyball	6/5 to 6/9	
Week 3	Stick Sports	6/12 to 6/16	Hockey/Lax
Week 4	Diamond Sports	6/19 to 6/23	Baseball/Kickball
Week 5	International sports	6/26 to 6/30	Badminton/Cricket
Week 6	Soccer/Handball	7/3 to 7/7	*No camp 4th of July
Week 7	Flag football/Volleyball	7/10 to 7/14	
Week 8	Stick Sports	7/17 to 7/21	Hockey/Lax
Week 9	Diamond Sports	7/24 to 7/28	Baseball/Kickball
Week 10	International sports	7/31 to 8/4	Badminton/Cricket
Week 11	All sports	8/7 to 8/11	

MEDICATIONS/SUNSCREEN/BUG

REPELLANT

Medical Forms must be completed for every camper. If your child does not need medication, please write in “not applicable” and sign the form. If your child is taking either prescription or non-prescription medication that must be administered during camp or extended care hours, please complete the medication treatment form with the name, dosage and time your child will need the medication. We cannot administer any medication without written parental/guardian consent. All medication will be collected by the Coach, Site Director or Camp Director at the beginning of each day of the week of camp and administered as prescribed by doctor. Medications must be in the original bottle with the appropriate dosage. Unused medications will be returned to parent at end of the week. It is required that only one week’s worth of medication be given to the camp. Campers who use asthmatic inhalers or medications for allergic reactions (i.e., an Epi-Pen for bee stings) will be kept by a counselor in their group and campers may only administer it to themselves under supervision of a counselor/adult. The Coach should know where to find the medication in case of an emergency. Please communicate this with your child and coach.

Sunscreen and bug repellent is considered a medication and will be stored at camp during the week and returned after lunch on Fridays. Campers may not carry sunscreen and bug repellent on them during camp hours. Please mark all your sunscreen and bug repellent with a permanent marker then cover the name in clear tape. This will keep the name from rubbing off. Also, please fill out the medical form for sunscreen and bug repellent. This form is required for child care licensing. SuperKick staff is not permitted to apply sunscreen or bug repellent to any camper. Please teach your camper how to apply sunscreen or bug repellent before they attend camp.

ILLNESS and INJURY

Camp takes place in an outdoor setting. Campers are outside 60-75% of the day. Some specific hazards that may occur during the course of a normal camp day may include: sunburns, minor scrapes or cuts, slipping, falling, splinters, bumps, bruises, insect bites, ticks, poison ivy, or stinging nettle. In the event any of the above conditions occur, SuperKick Camp staff will treat these ailments in accordance with ACA health guidelines (soap, water, ice, bandages). If illness or injury results in a more serious condition than listed above, SuperKick Camp staff will contact the parent or guardian immediately to make arrangements for care and/or contact 911. For the camper’s safety, it is essential to provide SuperKick with two additional emergency numbers in the event of such a situation. Campers do not always inform camp staff of scratches, rashes, insect bites, etc. Please do a daily health check with your child.

CHILDREN WITH SPECIAL NEEDS

Please contact SuperKick to discuss options if your child has special needs.

COMMUNICABLE DISEASE POLICY

Each Camp Director has been trained to identify the signs and symptoms of illness. Should a camper be found to have any symptoms, the parents will be called to arrange for the child to be picked up from camp immediately. The parents will be called if the camper exhibits any of the following symptoms:

1. Diarrhea (more than one abnormally loose stool within 24 hours)
2. Severe coughing
3. Yellowish skin or eyes
4. Conjunctivitis
5. Temperature of 100 degrees Fahrenheit or higher
6. Untreated, infected skin patches
7. Stiff neck
8. Unusual spots of rash
9. Sore Throat or difficulty swallowing
10. Vomiting
11. Evidence of lice, scabies, or other parasitic infection

A child exhibiting signs of illness will be isolated in the office as their parent(s) are contacted. Any camper who has been diagnosed with a communicable illness will only be allowed back into camp with a doctor's release.

WHAT TO BRING TO CAMP

Most campers bring a backpack to camp that contains the following items:

- Closed-toe shoes that attach to the foot (NO sandals or shoes with heels)
- Water Bottle(s)
- Sunscreen/insect repellent (no spray, lotion only)
- A change of clothes
- A rain poncho
- A healthy lunch, extra snacks & drinks (no sugary drinks or soda permitted)

*Campers should wear OLD CLOTHES to camp with the camper's full name clearly marked on every item brought to camp.

WHAT NOT TO BRING TO CAMP

DO NOT Bring ANY of the following to camp:

- Firearms and weapons of any kind, including pocket knives
- Drugs or Alcohol
- Electronic Items/Valuables: Handheld gaming devices, personal listening devices, tablets, jewelry or anything else of high value
 - Cell phones *may be* brought to camp but be stored in backpack for the duration of camp unless in case of an emergency
- Candy, gum, toys, games, or cards of any kind
- Matches, lighters, firecrackers
- Sports equipment, unless specified for Sports camp
- Pets
- Power Tools

In the event these items are brought to camp, they will be collected by the Camp Director and only returned to the parent.

INCLEMENT WEATHER & RAINY DAYS

Rain? Thunderstorms? No problem. The benefit to attending SuperKick's Summer Sports Camp is that we have access to a 62,500 square foot indoor facility. If inclement weather should arise, campers will be moved indoors and continue the fun!

LUNCH and SNACKS

Breakfast and Lunch are not provided by the camp. In the case your camper forgets his/her lunch, parents will be called to drop a lunch off. If that is not possible, a lunch will be provided however a small fee of \$6.00 will be assessed. Please be aware of foods which may spoil. SuperKick encourages campers to bring lunches in coolers with ice, blue-ice, or frozen juice boxes. PLEASE DO NOT SEND POP, CANDY, SALTY OR SUGARY SNACKS. Some of these items may cause dehydration. Campers are also encouraged to bring healthy snacks to be eaten during breaks. Remember, your child will be more physically active than during the school day and will need to eat more and drink significantly more water.

BEHAVIOR MANAGEMENT GUIDELINES

SuperKick's behavior management policy is a guidance policy. We help steer children toward self-direction and conflict resolution. Considering each child's age, developmental stage, and personality we establish fair and reasonable expectations of behavior. When a child is in need of guidance, staff will begin by redirecting the child into more constructive activities. We teach children nonviolent forms of conflict resolution and assist them in managing their own behavior. We strive to help each child develop positive self-esteem while fostering self-direction.

Guidelines: Developmentally appropriate expectations are set for each camper's behavior. Specific guidelines are listed below.

1. Campers will respect the rights and feelings of others and will avoid disruptive behaviors that would interfere with program activities.
2. Aggressive behaviors such as hitting, kicking, biting, tripping, verbal "put-downs", spitting and other inappropriate behaviors will not be tolerated.
3. Campers will follow all directions given by the staff regarding safety procedures and will stay with the group for all scheduled activities.

4. SuperKick strictly prohibits the use of tobacco, alcohol, and non-prescribed drugs.
5. Campers will respect the private property of others and understand that stealing or vandalizing the property of others will not be tolerated. The repair of any maliciously caused damage will be paid for by the parents or guardians of the camper who caused it.
6. SuperKick has a “no tolerance” policy on weapons and violence.

Behavior Management Practices: When a child engages in inappropriate behavior that threatens the health or safety of herself/himself or others, SuperKick staff will do the following:

1. Take immediate action to stop the behavior.
2. Inform the child and/or parents of the disciplinary action that will be taken. Parents may be called to immediately pick up their child. In situations where the safety of the child or others is not directly jeopardized, SuperKick staff will discuss the behavioral problem with the child, but will take no further action unless the child repeats the behavior. This process assists the child in learning to take responsibility for his/her actions. In these cases any of the following disciplinary procedures will be used:
 - a. Hold a discussion with the child about the inappropriate behavior and its consequences.
 - b. Inform the child of the disciplinary action to be taken if the behavior is repeated.
 - c. Redirect or provide time away from the activity. Having the child return to the activity contingent on a willingness to behave appropriately. Provide time away from the activity and notify the parent/ guardian of the child’s behavior.

If the behavior continues, a parent/ guardian conference will be held. If a child’s persistent inappropriate behavior interferes with the needs, safety, or wellbeing of other children, they may be suspended or expelled from camp. The decision to suspend or expel will be carefully considered and discussed before the action is taken. There will be no refund or transfer of fees if a camper is suspended or expelled from camp.

CAMP CONTACT INFORMATION

SuperKick Front Desk

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Fax: 740-657-8820

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Camp Director

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